



## Professional Fast-Track

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## Total English Immersion

The Professional Fast-Track Programme offers two course options, **Express 45 & Professional Plus** with an 7 day add-on extension, **Professional Plus Xtra**. Both of these intensive immersion courses are suitable for complete beginners, intermediate or advanced learners of English.

The courses are individual (1-1) and are designed for people who need to achieve substantial progress in English, as quickly as possible.

All courses begin on Mondays and can be booked at any time of the year, depending on availability.

If you have any questions or need further information please do not hesitate to [contact us](#) to discuss your specific requirements.

Please see below for course information and prices.



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### Course Options

- **Express 45** 45+ hours training - Monday to Friday (5 days)
- **Professional Plus** 130+ hours training - Two weeks + 1 weekend (12 days)
- **Professional Plus Xtra** 65+ hours extension course - Saturday to Friday (7 days)

The Professional Fast-Track Courses are individual (1-1), total English immersion programmes. These immersion courses deliver rapid progress through a blend of implicit and explicit teaching methods. Being able to understand and use English in the same way as a native speaker, gives you an enormous advantage in both business and social contexts.

Research has shown that one of the best ways to achieve command of a second language is by following an immersion course of study where you, “learn naturally” and “develop native speaker processing of the language”.

Learning a second language through immersion programmes is an efficient way of developing your ability to understand and express yourself. The immersion method is enjoyable and relatively easy for the trainee because you learn by context and example, in real situations. These courses are all individual so your programme can focus uniquely on what is important and necessary for your individual needs.



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### Course Options

### Express 45

This complete immersion English course is designed for people with limited time for training. It is a 5 day (Monday-Friday) programme which allows you to integrate 45 hours of English training into your busy work schedule.

#### **Intermediate & Advanced**

- Express 45 is an ideal course for rapidly perfecting fluency and comprehension, focusing on English for a specific purpose or industry, or preparing for an event such as a meeting, a presentation or an interview.

#### **Beginners**

- For beginners, who have little time for training, we recommend using Express 45 as part of a more substantial immersion English programme consisting of a number of courses taken at regular intervals.

### Professional Plus & Professional Plus Xtra

This course offers 130 hours of total immersion English over two weeks and one weekend (12 days). Extra weeks (Professional Plus Xtra) can be added to extend this programme to three or more weeks as required. Each extra week (7 days) includes a weekend programme and provides a further 65+ hours of training.

#### **Intermediate & Advanced**

- A rich training programme for in-depth study and substantial practice.

#### **Beginners**

- A significant total immersion programme with considerable practice to provide a solid foundation of English.

**Please Note:** Express 45 & Professional Plus courses start on Mondays and finish on Fridays. We suggest that you plan to arrive in the UK, at either Liverpool or Manchester airport, on Sunday evening and arrange your departure for Friday evening or Saturday morning. We will meet you on arrival and take you back to the airport for your return flight at the end of your course.

# SANDOWN HERITAGE

## ENGLISH *in* ENGLAND



Sandown House, 10 Welbeck Road, Southport PR8 4AE, UK  
 Email: agents@sandown-heritage.com  
 Tel: +44 1704 550587

### Professional Fast-Track

### Course Details

## Express 45

Express 45 provides a minimum of 45 hours training. This intensive total-immersion course begins on Monday morning so you should plan to arrive in England on Sunday evening. We will meet you at the airport (Liverpool or Manchester) and take you to your accommodation in Southport.

NOTE: This programme offers the choice of hotel or host family accommodation.

Each morning we bring you to our training centre where you will be based for the day. The day consists of training sessions, a working lunch at restaurants with your trainers and visits and activities which continue into the evening. Dinner is also included in this programme and at the end of each day, after your course and evening activities, we take you back to your accommodation.

At the end of your course, we take you back to the airport (Liverpool or Manchester) for your return flight. You should plan your return flight for 18.00hrs or later on Friday evening or on Saturday morning.

Sunday		Arrive in UK 17.00hrs+
Monday to Friday	<b>Express 45 English Immersion</b>	<ul style="list-style-type: none"> <li>• Daily 09h – 17h +</li> <li>• Working Lunch with Trainers</li> <li>• Hotel or Host Family Accommodation</li> <li>• Dinner &amp; Evening Programme 17h – 21h+</li> <li>• Airport pick-up &amp; drop-off</li> </ul>
		Depart UK Friday evening or Saturday morning

**£2,825 GBP**

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### Professional Fast-Track

### Course Details

## Professional Plus

Professional Plus is a two week programme which provides a minimum of 130 hours of training. Extra weeks can be added to this programme as required. Each extra week (Saturday-Friday) provides a further 65+ hours of training.

The programme starts on Monday morning so you should plan to arrive in England on Sunday evening. We will meet you at the airport (Liverpool or Manchester) and take you back for your return flight at the end of your course.

Each morning we bring you to our training centre where you will be based for the day. Every day is different and consists of training sessions, a working lunch with your trainers, visits and activities which continue into the evening. A working dinner is also included in this programme and at the end of each day, after your course and evening activities, we take you back to your accommodation.

This programme offers the choice of hotel or host family accommodation.

Sunday		Arrive in UK 17.00hrs+
Week 1	Monday - Friday Professional Plus English	<ul style="list-style-type: none"> <li>• Daily 09.00 – 17.00</li> <li>• Working Lunch</li> <li>• Hotel or Host Family Accommodation</li> <li>• Working Dinner &amp; Evening Programme 17.00-21.00+</li> <li>• Weekend Programme</li> <li>• Airport pick-up &amp; drop-off</li> </ul>
Weekend	Saturday: Cultural visit, working lunch & assignment (10.00hrs - 20.00hrs) Sunday: Working lunch & afternoon visit / activity	
Week 2	Monday - Friday Professional Plus English	
Saturday	Add extra weeks as required	Depart UK Friday evening or Saturday morning
<b>£3,290 GBP per week</b>		

If you have any questions or need further information please do not hesitate to [contact us](#) to discuss your individual requirements.



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### Course Details

## Professional Plus Xtra

Professional Plus Xtra is a 7 day extension programme (Saturday-Friday) which provides a minimum of 65 hours of training. You can extend your Professional Plus course by as many extra weeks as you require.

Sunday		Arrive in UK 17.00hrs+
Week 1	Monday - Friday Professional Plus English	<ul style="list-style-type: none"> <li>• Daily 09.00 – 17.00</li> <li>• Working Lunch</li> <li>• Hotel or Host Family Accommodation</li> <li>• Working Dinner &amp; Evening Programme 17.00-21.00+</li> <li>• Weekend Programme</li> <li>• Airport pick-up &amp; drop-off</li> </ul>
Weekend	Saturday: Cultural visit, working lunch & assignment (10.00hrs - 20.00hrs) Sunday: Working lunch & afternoon visit / activity	
Week 2	Monday - Friday Professional Plus English	
Add-on Weekend	Saturday - Sunday Professional Plus Xtra	
Add-on Week 3	Monday - Friday Professional Plus Xtra	Depart UK Friday evening or Saturday morning
	You can add extra weeks	
<b>£3,395 GBP per week</b>		

If you have any questions or need further information please do not hesitate to [contact us](#) to discuss your individual requirements.